

Harlan Campbell Jr.'s Shooting Instruction

Presented by

*ATA All-American
and Hall of Fame Inductee*

Harlan Campbell Jr.

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THANK YOU FOR YOUR INTEREST

Hello,

In this 2-day clinic I will cover all three disciplines of shooting: Singles, Handicap, and Doubles. Each shooter will be given individual instruction, since you come with varying degrees of ability, and experience. I will begin with making sure that you have a good solid shooting foundation; one that will allow you to enjoy your shooting game as never before.

You will learn to develop strong physical and mental game plans. We then take those game plans to the trap line, There, you will continue to fine-tune those skills under my guidance.

You will shoot approximately 300 to 325 targets per class, depending on the experience level and desire of the class. The clinic will be held rain or shine! Learning the proper way to deal with mother nature and what she can throw at you makes the difference when the competition quits or sits in the clubhouse.

It is my desire to make sure that you have as much individual time as possible, each class is limited to only 5-7 students. This will enable me to work with you more closely, and allow me to focus in on your specific needs as a shooter.

If shooting better is your goal, let Harlan Campbell Jr.'s Shooting Instruction help you reach that goal.

Remember...

"Shooting better is a choice, and that choice is yours."

Respectfully,

Harlan Campbell Jr.

TRAP SHOOTING - MY WAY

Shooting better scores is a choice, and that choice is yours. The old saying. "So what have you done lately?" is never more true than in today's competitive shooting. With the start of each new day at the trap range you are given a new chance to be a winner, a new chance to prove yourself and the opportunity to set yourself apart from the rest of the shooting world. I am here to help you succeed with that new choice, to teach you a new way of shooting, and a new way of thinking, that I feel is the key to breaking better and higher scores.

There are four things that I believe are important to becoming a better shooter:

1. Determination
2. Commitment
3. Courage
4. Confidence

With these four factors linked with the new thought processes and concentration skills you will learn, the sky is the limit as to how far you can take your shooting game. You must be determined and stubborn in the path you have chosen, your mind set has to be a stubborn one, one that says, "Failure is not an option.." You must have a commitment to practice in order to get better. To go that extra mile, and to put forth the greatest effort possible on every target -- it will demand that you give 110% on each and every target!! It takes courage to step out of your comfort zone in hopes of getting better.

Don't give up just because you had a bad day or a bad round, learn from it and make the needed changes to get better, but most of all have confidence in yourself and the skills you are taught.

I will build you a system that will not fail, it's you that will fail the system!

During the two day clinic, I am going to work with you and your style of shooting.

We will work to incorporate a new way of thinking about your shooting game both on and off the line.

I want you to start thinking like competitors not just shooters out there making empties.

Depending on your experience level I will work with you on the fundamentals of stance, setup, hold points, focus areas, gun fit, point of impact, and your routine on the line.

These are building blocks of a good solid shooting foundation. I will instruct you on how to develop concentration skills, game plans, and thought processes that will not only work for you, but will stay with you when the going gets tough on the line. Learning and trusting these skills will take time, and they will allow you to stay focused on the job at hand, and that job is breaking more targets.

YOU WILL BE IN CONTROL OF YOUR SHOOTING GAME!

I will talk about the pressures and fears of breaking good scores and how to deal with that pressure. I will discuss the right times to make changes to your gun, and shooting style, to keep you improving. I do believe in hard work and repetition, and believe me it will take just that! ***HARD WORK*** to get you where you want to be. I will push you to do your best and not get lazy. There is no secret, no magic fairy dust! Only ***HARD WORK, DESIRE*** and ***OPPORTUNITY!***

In the beginning it will feel impossible, but as you learn the processes and skills, of breaking targets, and how to stay in control of your shooting game, better and better scores will follow.

YOU GET WHAT YOU DESERVE, NOT WHAT YOU WANT!!

Harlan Campbell Jr.'s Shooting Instruction

Presented By

ATA All-American **Harlan Campbell Jr**

There is interest in having Harlan Campbell Jr come and provide trapshooting instruction. Please look at Harlan's Instruction Pamphlet for more information. Anyone interested, please write your name and phone number so that we can contact you for more information.

- All three disciplines of shooting will be covered, with emphasis on developing a good, solid shooting foundation. The basic fundamentals to the more advanced mental and physical game plans needed to push your shooting to the next level will be taught and implemented.
- Class size is limited to 5-7 students to maximize one-on-one instruction.
- Cost is \$375.00 per student. Shells and targets are students' cost.

Sign Up Sheet

Name:

Phone:

1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____

Alternate

1. _____	_____
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For more information, please contact _____ at _____

SHOOTER INFORMATION SHEET

Name: _____ Clinic Date: _____

Address: _____

Telephone: _____

Clinic Location: _____

One or two eyed shooter _____ Right or left handed _____

Eye Dominance: Right ___ Left ___ Trigger type _____

What gun or guns are you currently shooting?

Are these guns adjustable? Explain:

SHOOTING EXPERIENCE

New shooter _____ Recreational Shooter _____ League Shooter _____ Competition Shooter _____

ATA Handicap yardage: _____ League Handicap _____ Averages / Scores _____

Describe problems or difficulties you face while shooting:

Goals & Expectations?

Have you attended any other clinics? _____ When? _____

Where? _____

How did you hear about this clinic? _____

SHOOTER GAME PLAN

Event: _____ Gun Club _____ Date _____
Event no. _____ Squad no. _____ Position no. _____

Conditions:

Background _____ Visibility _____ Temp _____ am _____ pm
Weather _____ Wind _____ Direction / Speed _____

Direction of trap line: N S E W---NE NW SE SW AM or PM Field _____
Target color _____ Target Type _____ Trap Type _____ Target Set _____
Stance / Set up _____ Hold Points / Focus areas _____ Where should I be looking ?

Equipment Notes

Gun Set-up -Single barrel _____ O/U - Bottom _____ Top _____ Chokes _____
Shells _____ Glasses / Lens Color _____ Ear Protection _____ Coat/vest _____
Shell Holder _____ Hat _____ Shoes _____ Shirt _____ Pants/Shorts _____ Under Armor _____
Other _____ *AM I READY?*

Check Physical Condition:

Rested _____ Tired _____ Aches/Pains _____ Energy Level _____ Alertness _____
How do I feel? _____

Mental Condition:

Stress / Distractions _____ Annoyances _____ Attitude / Mind set _____
Are you Committed / Focused? _____

Remember: Be Patient...Slow it down...Work hard at delivering the shot correctly...and Stay in the Game!

Review of the Round:

What happened? _____

How well did I see the targets? _____ How well did I break the targets? _____
What target or trap gave me the most problems? _____ Did I lose Focus? _____
What do I need to do better for the next round ? _____

Average _____ Score _____

What are my practice goals to work on:

1. _____
2. _____
3. _____

CLINIC INFORMATION SHEET

TIME:

Start Time 8:00 am.

End Time 5:00 pm. (Unless otherwise indicated)

CLASSROOM MATERIALS:

Pen, pencils, a small notebook. Note taking is encouraged! Class will be broken into two parts 50% CLASSROOM - 50% RANGE TIME.

EQUIPMENT NEEDED:

You gun. Glasses, hearing protection, gun adjustment tools, screwdrivers hex wrenches, choke tube wrenches, etc.

SHELLS: TRAP LOADS ONLY...you will need between 325-350 shells.

Please have an extra box or two for the pattern board...Check your equipment to make certain you have everything you need to complete the clinic.

LUNCH / SNACKS:

Lunch break at 12:00 Noon or as close as possible.

Lunch / Snacks will be your responsibility , unless otherwise indicated, ask your contact personnel when your register for the clinic.

Usually water / soda is available on the Honor System.

If you have any questions or concerns please don't hesitate to ask your contact personnel for the clinic. They will have the information available and can tell you what to expect or plan for.